

# August 2016 Update

Child and Adult Food Program  
418 Wisconsin Street  
Eau Claire, WI 54703  
(800) 782-1880 or (715)836-7511

[www.childcarefoodprogram.org](http://www.childcarefoodprogram.org)

## THIS MONTH...

- 2016 Training
- Re-Enrollment
- Updated Reimbursement Rates
- Spotlighting the Updated Meal Patterns – Proteins
- Meal Counts and Attendance Records
- Peter Cottontail Salad
- Scannable Forms
- Civil Rights Compliance
- Reimbursement Dates

*Thank you, for all you do for children!*

Meghan, Manager, x1185  
Cathy, Monitor, x1103  
Kristin, Monitor, x1184

[cacfp@wdeoc.org](mailto:cacfp@wdeoc.org)

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<http://www.pinterest.com/ccprandr/>



## 2016 TRAINING

Thank you all for your patience as we waiting to hear news on the new USDA meal patterns. They have been released and implementation will take effect October 1<sup>st</sup>, 2017. In the meantime, we have planned three in person trainings for the remainder of the 2015-2016 program year, and plan to cover our typical 7 step review but also include overviews of the new meal pattern, some tips on family style dining

services and provide LOTS of handouts we collected during our time at the CACFP conference in Orlando this past April! We hope you can join us for one of our scheduled dates! If you are unable to attend an in person training, you will still have the option to complete the at-home training in August. If you haven't attended a training as we near the end of the program year, we will automatically send you an

at-home training. No need to call!

**Saturday, August 13<sup>th</sup>** –  
Western Dairyland  
418 Wisconsin Street  
Eau Claire  
9:00-10:00 am

**Monday, August 29<sup>th</sup>**–  
Best Western Campus  
100 Spring Street  
River Falls  
6:30-7:30 pm

Call now to register for the date!

## RE-ENROLLMENT

Each September, Western Dairyland CACFP prints and mails re-enrollment packets to all providers participating in the CACFP.

These documents should be carefully reviewed for necessary corrections to child names, contact information as well as enrollments dates and times.

It is especially important for children who are entering school for the first time, have their enrollment times and days updated to reflect hours in which they will no longer “typically” be in care (usually somewhere between 7:30 AM and 4:00 PM).

Minute Menu users can make these adjustments

now, and have parents sign the correction in September. All other providers should make the corrections by hand when the paperwork is received.

Please keep watch for these to arrive Mid-September!

## UPDATED REIMBURSEMENT RATES

CACFP Reimbursement Rates as of 7/1/2016			
Tier I		Tier II	
Breakfast	\$1.31	Breakfast	\$0.48
Lunch/Dinner	\$2.46	Lunch/Dinner	\$1.49
Snack	\$0.73	Snack	\$0.20

\*These rates are reflective in your July 2016 provider reimbursement



## SCANNABLE FORMS

When you submit folded, damaged, wrinkled or stained menu forms or child enrollment forms, they don't always scan properly and you can lose money. You work too hard to lose reimbursement, so for your own benefit, always submit bar-coded forms that are in good condition...

- Use a #2 pencil
- Completely fill in your "bubbles"
- Double check your dates!

## CIVIL RIGHTS COMPLIANCE

Included with this mailing are the updated Building for the Future and WIC flyers. Please distributes as needed or post updated forms visibly for families to see.

If additional copies are needed, please contact our office.

## REIMBURSEMENT DATES

Reimbursement for July 2016 claims will be deposited on August 26<sup>th</sup>.

Reimbursement for LATE June 2016 claims will be deposited on September 2<sup>nd</sup>.

## SPOTLIGHTING USDA MEAL PATTERNS - PROTEIN

Please note some of these changes CAN be made now but will not be enforced before **October 1, 2017**.

- 1) Meat and meat alternates may be served in place of the entire grain component at breakfast a maximum of three times per week
- 2) Tofu counts as a meat alternate
- 3) Infants may be served fish, poultry, whole

eggs, cooked dry beans or peas, cheese, cottage cheese, yogurt or a combination to meet this category

Best Practice Suggestions include:

- 1) Serve only lean meats, nuts and legumes
- 2) Limit serving processed meats to no more than one serving per week.
- 3) Serve only natural cheeses and choose low-fat or reduced fat.

The changes made to the meal patterns are based on the Dietary Guidelines for Americans, scientific recommendations from the National Academy of Medicine, and stakeholder input.

More in depth information will be shared at our 2016 and 2017 CACFP trainings, but please feel free to contact our office with questions in the meantime!

## MEAL COUNTS AND ATTENDANCE RECORDS

During each home visit, our monitors will reconcile a selected 5 day period of your claim with your attendance records and child enrollments.

What we are looking to ensure, is that the children claimed for reimbursement, are in attendance and that their

enrollment times reflect that they are present for the claimed meal.

Often, we find that these records do not match for one or more meals and we must disallow those meals and collect back the reimbursement for them.

Please take time to ensure that you are only claiming

reimbursement for those children in attendance.

We recommend having your attendance records with you as you record meal counts each day. Repeated or egregious instances of mismatched claims can result in serious deficiency and removal from the CACFP.

## PETER COTTONTAIL SALAD

### INGREDIENTS

- 8 romaine lettuce leaves
- 16 pear halves
- 32 raisins
- 32 almonds
- 1 cup cottage cheese

### EQUIPMENT

- Melon baller or spoon

### DIRECTIONS

1. Place a pear half (round side up) on a leaf of lettuce
2. Add 2 raisins for eyes and 2 almonds for ears
3. Place 1 ounce of cottage cheese for the tail
4. Serve one rabbit for ¼ cup fruit and two rabbits for ½ cup fruit serving

### SERVES 8

Recipe = ¼ cup Vegetables/Fruits  
½ oz. Meat/meat alternate

# ***Building For the Future***

This facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving child care, participating in afterschool programs, or residing in homeless shelters.

Each day, more than 2.6 million children participate in the CACFP across the country. Participating facilities are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of child care, afterschool programs, and homeless shelters, and making it more affordable for low-income families.

Meals Participating facilities must follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (Two of the four groups: )
Milk Fruit or Vegetable Grains or Bread	Milk Meat or meat alternate Grains or bread Two different servings of fruits or vegetables	Milk Meat or meat alternate Grains or bread Fruit or vegetable

## Participating

Facilities Many different facilities operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Day Care Homes:** Licensed or approved private homes.
- **Afterschool Programs:** Centers in low-income areas provide free meals and snacks to school-age children and youth.
- **Homeless Shelters:** Emergency shelters provide food services to homeless children.

Eligibility State agencies reimburse facilities that offer services to the following participants:

- children age 12 and under,
- migrant children age 15 and younger, and
- youths through age 18 in afterschool programs in needy areas and homeless shelters.

## Contact

Information If you have questions about CACFP, please contact one of the following:

Meghan Solberg, Manager or  
Dotty Lillo, Director  
418 Wisconsin Street  
Eau Claire, WI 54703  
715-836-7511 x1185  
800-782-1880

Amanda Kane, RDN, CD, Director  
Community Nutrition Programs  
WI Department of Public Instruction  
PO Box 7841  
Madison, WI 53707-7841  
608-267-9129



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English Version  
(Rev 12/15)

### Purpose:

The purpose of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is to promote and maintain the health and well-being of nutritionally at-risk pregnant, breastfeeding and postpartum women, infants and children. WIC provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services. WIC promotes and supports breastfeeding.

### Who is Eligible for WIC?

To be eligible for WIC benefits in Wisconsin, a person must meet the following requirements:

- Be a pregnant or breastfeeding or a new mother, an infant up to age one, or a child up to age 5;
- Be a resident of Wisconsin;
- **Be income eligible;** and
- Have a health or nutrition need

### Benefits Received by WIC Participants

All participants receive:

- Screening for nutrition and health needs
- Information on how to use WIC foods to improve health
- Checks to buy foods that help keep you and your children healthy and strong
- Referrals to doctors, dentists, and programs like Wisconsin FoodShare, Medicaid, BadgerCare Plus, Wisconsin Works (W-2) and Head Start

Women receive:

- WIC Foods
- Information on healthy eating during pregnancy and breastfeeding
- Help with starting or continuing breastfeeding

Infants receive:

- Help with starting or continuing breastfeeding
- Infant formula, if needed
- Immunization referrals
- Parents/caretakers receive information on taking care of babies

Children:

- WIC Foods
- Immunization referrals
- Parents/caregivers receive information on food shopping, recipes, and feeding your child

### To apply for WIC:

→ Contact a **local WIC clinic** near you. **To find out more about WIC and other programs for which you may be eligible, contact 1-800-722-2295 (the *Maternal and Child Health Hotline*) or go to <http://www.mch-hotlines.org/>.**

# Wisconsin WIC Program - Income Eligibility Table

July 1, 2016 – June 30, 2017

Family Size	Weekly \$	Biweekly \$	Twice Per Month \$	Monthly \$	Annual \$
<b>ONE</b>	<b>423</b>	<b>846</b>	<b>916</b>	<b>1,832</b>	<b>21,978</b>
<b>TWO</b>	<b>570</b>	<b>1,140</b>	<b>1,235</b>	<b>2,470</b>	<b>29,637</b>
<b>THREE</b>	<b>718</b>	<b>1,435</b>	<b>1,554</b>	<b>3,108</b>	<b>37,296</b>
<b>FOUR</b>	<b>865</b>	<b>1,730</b>	<b>1,874</b>	<b>3,747</b>	<b>44,955</b>
<b>FIVE</b>	<b>1,012</b>	<b>2,024</b>	<b>2,193</b>	<b>4,385</b>	<b>52,614</b>
<b>SIX</b>	<b>1,160</b>	<b>2,319</b>	<b>2,512</b>	<b>5,023</b>	<b>60,273</b>
<b>SEVEN</b>	<b>1,307</b>	<b>2,614</b>	<b>2,832</b>	<b>5,663</b>	<b>67,951</b>
<b>EIGHT</b>	<b>1,455</b>	<b>2,910</b>	<b>3,152</b>	<b>6,304</b>	<b>75,647</b>
<b>ADDITIONAL</b>	<b>+148</b>	<b>+296</b>	<b>+321</b>	<b>+642</b>	<b>+7,696</b>

*The income levels are based on 185% of the US Dept. of Health and Human Services Nonfarm Income Poverty Guidelines for Gross Income (Before Deductions). Applicants exceeding 185% are not income eligible and must be given a WIC Ineligibility/Termination letter.*

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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